

A Rare Opportunity

Parents, Guardians, Friends and Professionals

You are invited to attend one of two family sessions at the upcoming Empowerment Conference

Sunday, January 8, 2012

11am -3pm (check-in opens at 10am)

Clayton Hall, University of Delaware

Bodies, Boundaries, and Human Sexuality (with Q &A)

Presented by Teri Couwenhoven, MS

Teri is the Clinic Coordinator for the Down Syndrome Clinic of Wisconsin. She has presented extensively on this difficult topic to families and individuals with special needs. This session is designed to help parents understand the roles they play in supporting sexual learning and to become more comfortable and confident addressing sexuality issues that commonly surface among people with intellectual disabilities. She is the author of *Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality*.

Can We Talk?

A Parent Forum with Guest Speaker Karen Gaffney

This session is intended as an open forum to help parents speak candidly about the struggles and joys of living with a child or family member with special needs. The session will begin with a short movie on how Karen, a dedicated swimmer who happens to have Down syndrome, swam 9 miles across Lake Tahoe. This will be followed by a discussion led by Karen and her mother and will extend into an opportunity for all to share. Karen is president of the Karen Gaffney Foundation, a non-profit organization that is dedicated to the journey to full inclusion for people with DS and other disabilities.

Registration is required.

\$10 per person for those with a family member involved with Special Olympics

\$20 per person for all others

Registrations will be accepted online **until January 3rd** at www.dsadelaware.org

These sessions are hosted by Special Olympics Delaware and the Down Syndrome Association of Delaware.